

STRIDE ASSEMBLY MANUAL

PARTS OF THE CHAIR

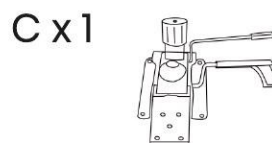
1 Armrests



2 Seat Cushion



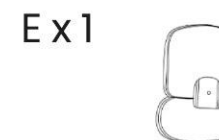
3 Mechanism



4 Headrest



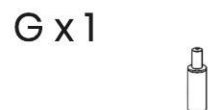
5 Backrest



6 Back Cover



7 Gas Lift Cylinder



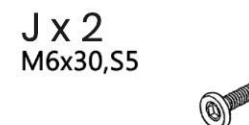
8 Base



9 Wheels



10 M6x30 Screws



11 M6x40 Screws



12 M6x35 Screws



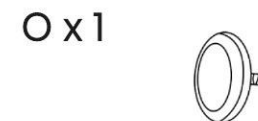
13 M8x40 Screws



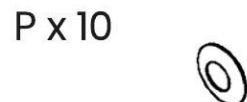
14 M6x40 Screws



15 Back Component



16 Washers



17 Allen Key



18 Base Cover



HOW TO ASSEMBLE THE CHAIR

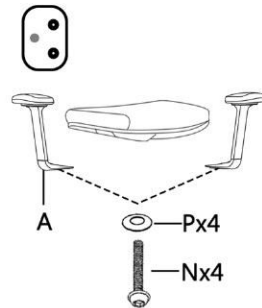
ASSEMBLY STEPS

Step 1: Attach Armrests to Seat

Place both armrests (A) on the sides of the seat cushion (B).
Align the screw holes and secure the armrests using:

- 4 × M6×40 screws (N)
- 4 × washers (P)

Tighten all screws securely using the provided Allen key.

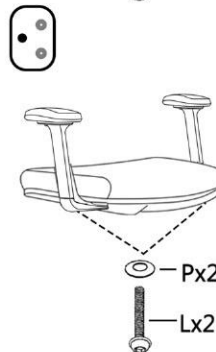


Step 2: Attach Armrests to Seat

Secure the armrests further using:

- 2 × M6×35 screws (L)
- 2 × washers (P)

Ensure both armrests are properly aligned and firmly attached.



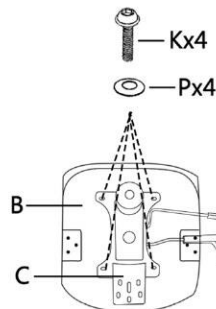
Step 3: Attach Back Cover

Align the back cover (F) with the rear side of the seat.

Secure it using:

- 3 × M8×40 screws (M)

Tighten the screws properly to ensure the back cover is securely attached.



Step 4: Install Headrest & Back Component

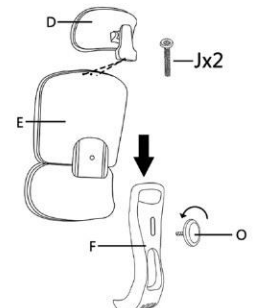
Attach the headrest (D) onto the backrest (E).

Secure the headrest using:

- 2 × M6×30 screws (J)

Fit the back component (O) into the back cover (F).

Ensure all components are properly aligned and securely fitted.



Step 5: Install Backrest

Place the backrest (E) onto the back cover (F).

Ensure the backrest is properly aligned and securely connected.



Step 6: Assemble Base and Gas Lift

Insert the base cover (S) into the centre of the base (H).

Insert the gas lift cylinder (G) into the base.

Install the wheels (I) into the base slots.

Push each wheel firmly until fully secured.



INSTRUCTIONS

Step 7: Connect Chair Body to Base

Place the assembled chair body onto the gas lift cylinder. Press down firmly to secure the connection between the chair body and base. Your Boost Stride chair is now fully assembled.



Headrest Adjustment

Adjust the headrest position to provide comfortable support for your head and neck.

ADJUSTMENT INSTRUCTIONS

Seat Height Adjustment

Use the adjustment lever underneath the seat to raise or lower the chair height according to your preferred sitting position.

Recline Adjustment

Use the side lever to adjust the backrest recline function. Set the backrest angle according to your preferred working or resting position.

Seat Sliding Adjustment

Adjust the seat depth forward or backward to achieve better thigh support and a more comfortable seating position.

SAFETY INSTRUCTIONS

- Ensure all screws are properly tightened before using the chair.
- Do not exceed the recommended weight capacity of the chair.
- Do not stand on the chair or use it for purposes other than sitting.
- Avoid placing excessive pressure on the armrests.
- Regularly check screws and moving parts to ensure they remain secure.
- Use the chair only on a stable and flat surface.